**The sun comes up**.

It is somebody’s day to leave this earth. This process has been going on for centuries. It is part of our heritage.

We wake up to a new day and we allow several various life situations to occur during our day. We make choices and plans and do things that are necessary to build a life. Some of us find love and some find success. Some find love and success and many other prospects that we must handle.

Some of us are given many years to develop and some of us only get a few. But on that particular day, when our time comes around, we will finally find rest.

Just as the sun rises on us daily, but must set in the evening, so do we wake up and then we sleep. The scriptures say, “I die daily…” but it is only a duplication of the script of life. Waking and sleeping are only repetitions of this long journey that we live daily. From birth to the final sleep, we will go.

We can find joy in each moment. We can laugh and share and care and enjoy every moment given to us. Why look at the negatives, when we have the ability to loo upward, not forward. We cannot see ahead, however we can see above, just enough to believe that the sun is shining for us.

Love is around us. Peace lives beside us. Comfort is waiting. Happiness will find us. Goodness lives in us. **This is our day!**